

RESOLUTION NO. 2016-40

A RESOLUTION INITIATING THE CITY OF SALEM'S PARTNERSHIP IN THE HEALTHY EATING ACTIVE LIVING (HEAL) CITIES CAMPAIGN

Whereas, improving livability and community health are important goals; and

Whereas, the nutrition and physical activity choices that individuals make for themselves and their families are influenced by their environment; and

Whereas, local policies on land use and transportation, access to healthy food, and shared use determine whether options for healthy eating and active living are within reach of the people who live, work, go to school, play, or worship in the city; and

Whereas, high rates of costly chronic disease among both children and adults are correlated to environments with few or no options for healthy eating and active living; and

Whereas, the City of Salem is a member of the League of Oregon Cities; and

Whereas, in 2010, the League of Oregon Cities Board of Directors resolved to partner with and support the national Let's Move! Campaign headed by the First Lady of the United States, and has encouraged Oregon cities to adopt preventive measures to fight obesity; and

Whereas, in 2012, the League of Oregon Cities Board of Directors resolved to partner with the Oregon Public Health Institute (OPHI) in the HEAL Cities Campaign, and encouraged all Oregon cities to join the HEAL Cities Campaign and qualify as a HEAL City by accepting information, training and technical assistance from OPHI staff on policies to support healthier eating and increased physical activity levels for all residents, create more livable communities, and create a culture of wellness at municipal workplaces, and adopting at least one recommended HEAL policy; and

Whereas, the City of Salem has adopted numerous policies consistent with the HEAL Cities Policy Menu through the Salem Area Comprehensive Plan, including the Salem Comprehensive Policies Plan, Salem Transportation System Plan, and Salem Comprehensive Parks System Master Plan; and

Whereas, partnership in the HEAL Campaign grants the City of Salem access to potential funding streams for use in making Salem a healthier and more active city;

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF SALEM, OREGON,
RESOLVES AS FOLLOWS:

Section 1. The City of Salem shall join the HEAL Cities Campaign.

Section 2. The City shall work with HEAL Cities Campaign staff to explore and identify policies for Council's consideration that may be suitable to expand options for residents for

healthy eating and active living in the city, and improve workplace wellness for employers in the city.

Section 3. This resolution is effective upon adoption.

ADOPTED by the City Council this ____ day of _____, 2016

ATTEST:

City Recorder

Approved by City Attorney: _____

Checked by: J. Warncke