Submit Date: May 29, 2019

Profile					
John First Name	Middle Initial	Hughes Last Name			
Email Address					
Home Address			Suite or Apt		
Scotts Mills			OR	97375	
City			State	Postal Code	
What Ward do you live in? *					
✓ Nonresident					
Primary Phone	Alternate Phone	_			
ComForCare Home Care		Owner/Administrator Job Title		In-Home Care Agency	
Employer	Job Title		Occupation		
Which Boards would you like	to apply for?				
Center 50 Advisory Commission:	Submitted				
Which of the following City o	f Salem Board	d or Commission	on meetings have yo	ou attended? *	
✓ None					
Interests & Experiences					
What do you feel you can cor	ntribute as a b	ooard or comm	ission member?		
I have a lot of experience with Se services at Center 50+, so I get to Association and I've been involve address: ComForCare Home Care	hear their like d with the Age	s and dislikes ab Friendly Salem a	out it. I work with the Aussessment process. W	Izheimer's	
Upload a Resume					
What prompted your interest in applying to serve as a board or commission member?					

John Hughes Page 1 of 3

After giving public comment at the 5/28/2019 City Council Meeting on the Age Friendly Salem

Assessment experience, Marilyn Daily asked me if I would be interested in serving on the commission.

Please explain how your education, professional, personal, or volunteer experience and knowledge qualify you to serve on the board(s) or commission(s) for which you are applying.

I am a Certified Senior Adviser (CSA), Certified Cognitive Stimulation Instructor (CCSI) and a Certified Alzheimer Educator (CAEd) which I use daily in my interactions with Seniors and/or their family members. I also co-host a radio show on KMUZ FM in Salem called Aging In The Willamette Valley where we discuss all things related to aging: senior centers, medicare, long term care insurance, funeral planning, pain management, home modification, alternative types of healthcare, elder law, etc. The show is an attempt to educate our listeners on the resources available to them in our area because many times people just don't know what is "out there" or how to find a particular resource. I speak to many experts in our area about all of these topics and more, on a weekly basis. Mayor Bennett and Marilyn Daily have been guests on the radio show. I also manage the email list and hosting locations for the Senior Lifestyles Networking group in Salem which meets monthly and contains a cross section of people who deal with seniors: facility directors/marketers, home care agencies, hospice, elder law attorneys, insurance agents, senior centers, Kroc Center, hospital staff, medical equipment vendors, Northwest Seniors & Disabilities staff, etc.

List any experience you have with volunteering for the City of Salem or other organizations.

I have volunteered with the American Diabetes Association, Alzheimer's Network of Oregon, Alzheimer's Association, SOLVE beach clean up, KMUZ FM community radio station and at Fellowship Church in Salem.

Briefly explain any experience you have working with your neighborhood association or other public bodies or committees.

None

Can you commit to attending a minimum of 75 percent of scheduled meetings? (Please refer to the City's website for the meeting schedule. Failure to meet the attendance requirement may result in removal from office.)

Yes ○ No

Please list up to three (3) references whom we could contact to learn more about your qualifications (name/email address or phone number/relationship).

Ralph Trask Pastor/personal Alise Lipnieks Professional Marilyn Daily-Blair mdaily@cityofsalem.net

John Hughes Page 2 of 3

Demographics

Some boards and commissions require membership to be racially, politically or geographically proportionate to the general public. The following information helps track our recruitment and diversity efforts.

Ethnicity

✓ Caucasian/Non-Hispanic

Gender

Male

John Hughes Page 3 of 3