

PROCLAMATION

WHEREAS, men's health is essential to the well-being of individuals, families, workplaces, and the broader community, and promoting physical, mental, and emotional wellness helps people lead healthier, more fulfilling lives; and

WHEREAS, men face a range of health challenges, including heart disease, cancer, diabetes, depression, anxiety, and other physical and mental health conditions that can significantly affect quality of life; and

WHEREAS, men are often less likely to seek preventive care, routine screenings, mental health support, and timely treatment, which can increase the risk of serious health complications; and

WHEREAS, encouraging healthy lifestyles, regular medical checkups, early detection, and access to healthcare and mental health services can improve health outcomes and contribute to a stronger, healthier community; and

WHEREAS, Men's Health Awareness Month provides an opportunity to increase awareness, encourage prevention and early intervention, and support the overall health and well-being of men and boys;

NOW, THEREFORE, I, Julie Hoy, Mayor of the City of Salem, Oregon, do hereby proclaim June 2026, as

MEN'S HEALTH AWARENESS MONTH

in the City of Salem, and I encourage all residents, businesses, healthcare providers, schools, faith communities, and organizations to join in promoting awareness, healthy lifestyles, preventive care, mental wellness, and access to healthcare resources that support the health and well-being of men and boys.

DATED this twenty second day of June, 2026.



Julie Hoy
Mayor